

Heidelberg Catechism Q1

"I am not my own, but belong – body and soul, in life and in death – to my faithful Saviour, Jesus Christ."

Introduction: Real Comfort

1. Principles from Paul

Christ's saving work is...

a) Radical

b) Personal

c) Transformative

2. Implications for Us

a) Comfort not Discomfort

b) True Comfort not False Comfort

c) Comfort in Life & Death

Conclusion: "I belong to Jesus!"